



SENGUNTHAR ARTS AND SCIENCE COLLEGE

(AFFILIATED TO PERIYAR UNIVERSITY, SALEM AND APPROVED BY AICTE, NEW DELHI)
AN ISO 9001:2015 CERTIFIED INSTITUTION
RECOGNISED UNDER SECTION 2(F) AND 12(B) OF UGC ACT 1956 AND ACCREDITED BY NAAC
TIRUCHENGODE - 637205



7.1.1 - Measures initiated by the Institution for the promotion of gender equity during the year

Gender Equity

Action Plan and its Relevant Documents

Academic Year 2021-2022



Since 1991

SENGUNTHAR ARTS AND SCIENCE COLLEGE
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Tiruchengode – 637 205 ,Namakkal dt., Tamilnadu



ANNUAL GENDER SENSITIZATION ACTION PLAN

Sengunthar Arts and Science college has a commitment of making a positive difference in people's lives. We are the pioneers in offering equality of opportunity in education and employment. Many of our students are the first in their families and our college being a co-educational institution has secured a name in the locality as 'safe and secure' place for women students. Our success in promoting gender equality in our staff and students and retention of students and staff has been underpinned by a variety of actions and activities outlined below.

Action plan for 2021-2022

S.NO	STRATEGIC GOAL TARGET/ACTION	PARTICIPANTS	RESPONSIBILITY /ACTIONBY
1	Hemoglobin analysis activity	Girls students	Department of Biochemistry
2	National child Day –webinar on empowerment of girl child	Students and staff members	NSS and Dept. of commerce
3	State level webinar on “nuances in women’s health and wellbeing” (Women Day)	Students and staff members	Women empowerment cell & Department of Biochemistry



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TIRUCHENGODE – 637 205 Namakkal Tamilnadu



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PERMISSION LETTER

From

The Head,
Department of Biochemistry,
Sengunthar Arts and Science College,
Tiruchengode.

To

The Principal,
Sengunthar Arts and Science College,
Tiruchengode.

Respected Sir,

SUB: Hemoglobin Analysis for Girls Students Reg.

With reference of Traditional Food Day on 06/12/21,

We wish to bring to your kind notice that we are planning to conduct a Hemoglobin analysis for selected Girls Students from various departments in our Biochemistry Laboratory on 07/12/2021. So we kindly request you sir to grant the permission to conduct the program.

Thanking You

Place: Tiruchengode

Date: 06/12/2021

Yours Faithfully



ATTESTED

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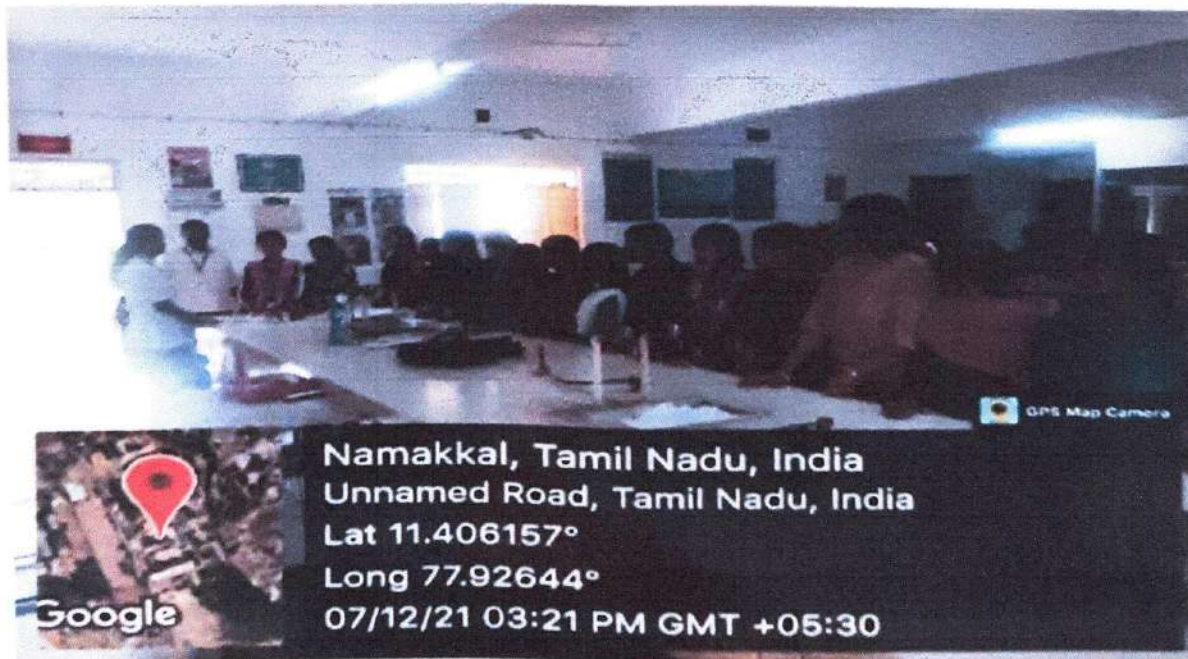
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Hemoglobin Analysis Photos before traditional food taken on 7/12/2021



Instruction was given to the students before collecting samples



Instruction was given to the students before collecting samples

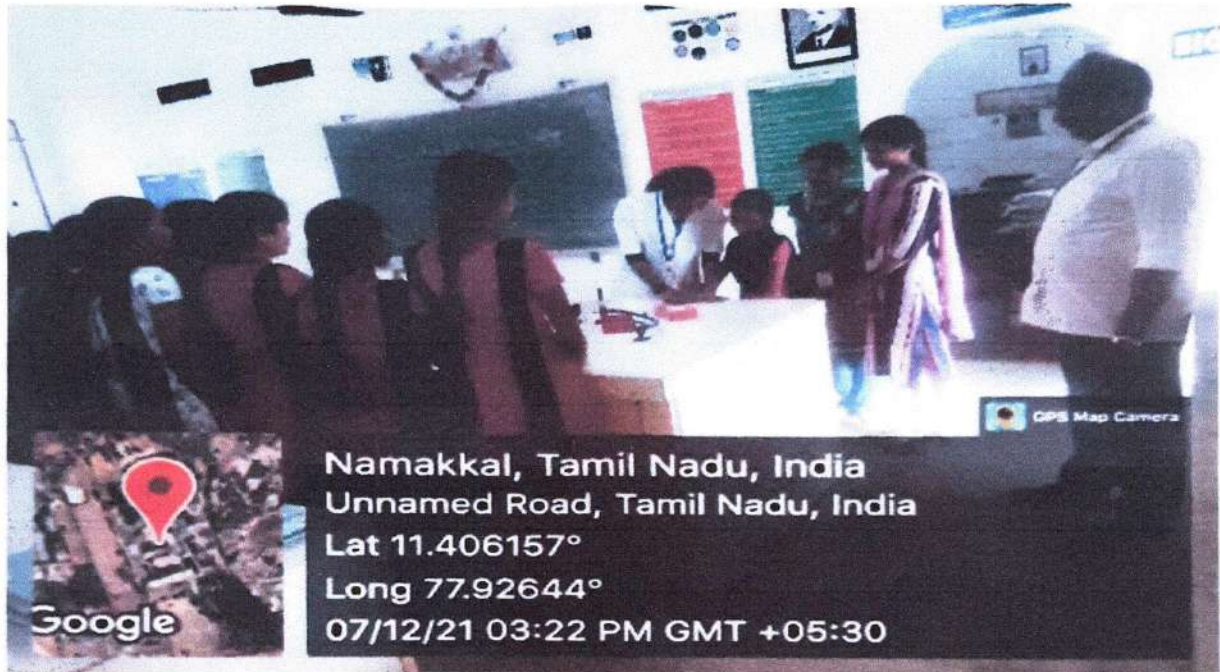
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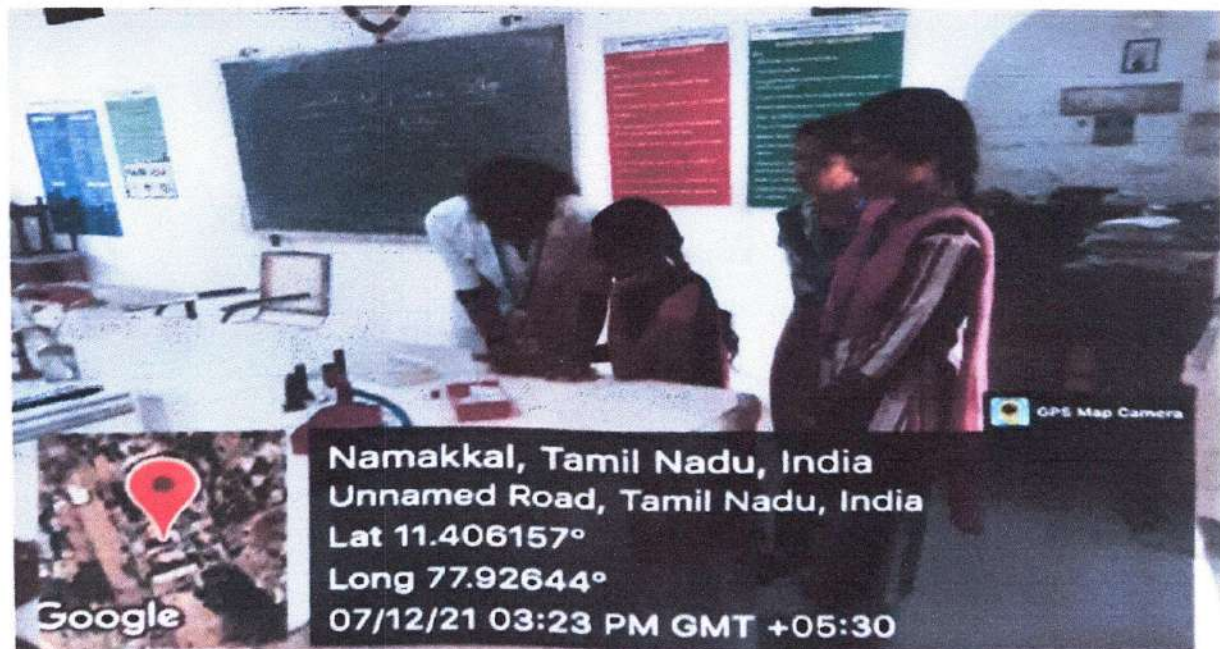
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Students analysing the collected blood samples for hemoglobin level



Students analysing the collected blood samples for hemoglobin level

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Department of Biochemistry,
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Tiruchengode.

To

The Principal,
Sengunthar Arts and Science College,
Tiruchengode.

Respected Sir,

SUB : Hemoglobin Analysis for Girls Students Reg.

With the reference of Letter Dated: 07/12/2021,

We wish to bring to your kind notice that we are planning to conduct a Hemoglobin analysis for girls students from various departments in our Biochemistry Laboratory on 08/01/2022 after Traditional Food taken by selected girls students . So we kindly request you sir to grant the permission to conduct the program.

Thanking You

Yours Faithfully

Place: Tiruchengode

Date: 06/01/2022



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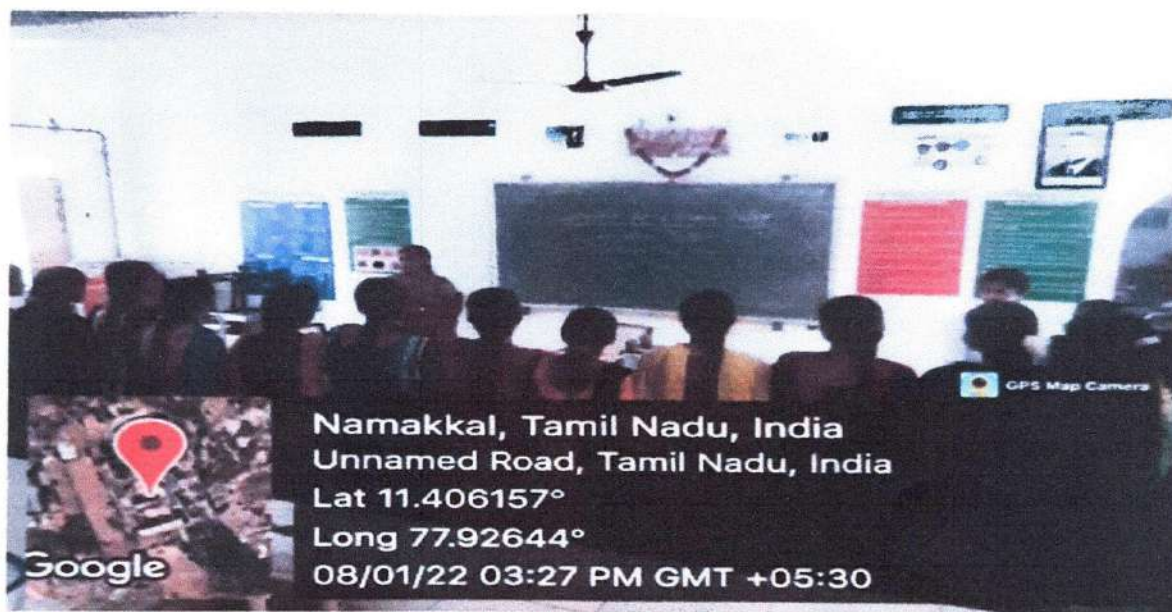
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Hemoglobin Analysis Photos after traditional food taken on 08/01/2022



Instruction was given to the students for collecting blood samples



Instruction was given to the students for collecting blood samples

ATTESTED

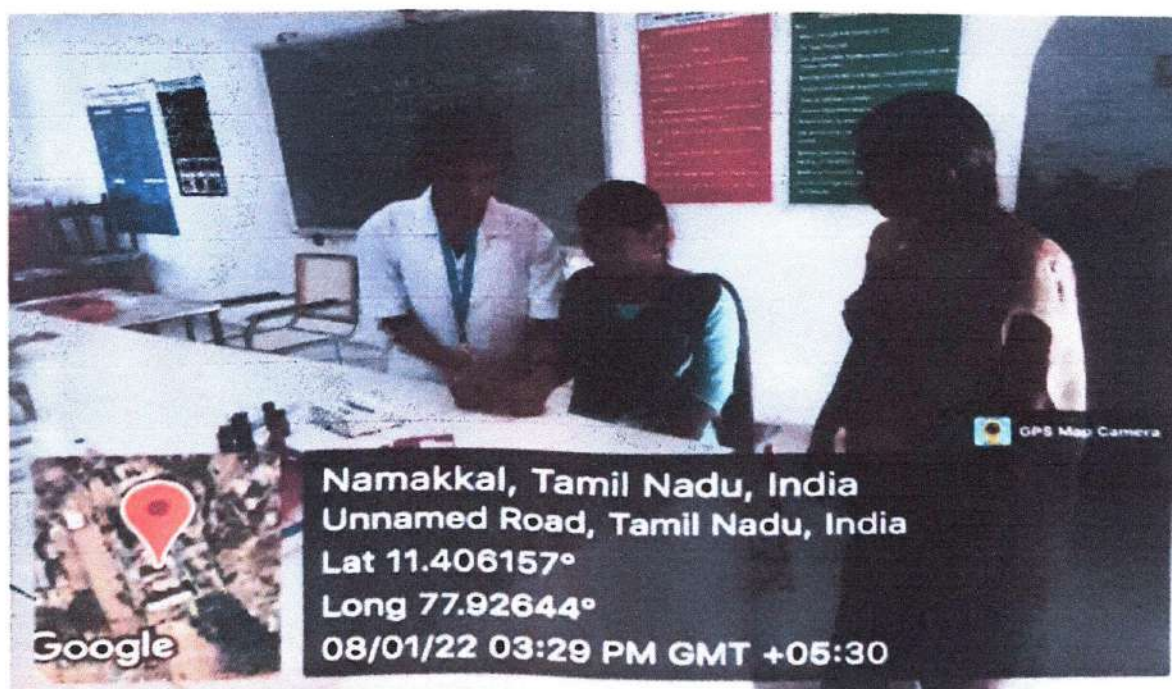

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Students analysing the collected blood samples for hemoglobin level



Students analysing the collected blood samples for hemoglobin level

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EVIDENCE OF SUCCESS

The practice have been proved so effective in enhance the Hemoglobin level for the girls students via traditional food. As the practice aim that the overall Hemoglobin (Hb) level improvement for the girl students.

Evidence of success of the activity is perceptible through the following outcomes/achievement by the girl students.

2021-2022

Student are asked to take traditional food for the period of one month, then blood sample was collected by the department of Biochemistry and then analyses the hemoglobin (Hb) before the traditional food the Hb values are low, after they taken traditional food the Hb values are raised.

Beneficiary students for academic year 2021-2022

S.No	ROLL NO	NAME OF THE STUDENT	DEPARTMENT	CLASS/ YEAR	Hb LEVEL BEFORE TRADITIONAL FOOD	Hb LEVEL AFTER TRADITIONAL FOOD
1	20B727	SABIHA K	Microbiology	III Year	10.2	11.1
2	20B730	SHALINI S	Microbiology	III Year	9.1	10.0
3	20B735	SUNMATHI M	Microbiology	III Year	12.1	13.0
4	20B738	DEEPA M	Microbiology	III Year	10.6	11.0
5	21B729	ELAKKIYA S	Microbiology	II Year	9.9	10.8
6	21B730	GEETHANJALI S	Microbiology	II Year	8.0	9.8


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S.No	ROLL NO	NAME OF THE STUDENT	DEPARTMENT	CLASS/ YEAR	Hb LEVEL BEFORE TRADITIONAL FOOD	Hb LEVEL AFTER TRADITIONAL FOOD
7	21B732	MOHANA PRIYA D	Microbiology	II Year	8.7	9.6
8	21B742	SUBASHINI G	Microbiology	II Year	10.1	12.0
9	20B1902	MADHUJA V	Physics	III Year	11.7	12.0
10	20B1903	PRASATHINI S	Physics	III Year	12.0	12.6
11	20B1904	SHIVANI V S	Physics	III Year	12.1	13.0
12	20B1905	THARUNA S	Physics	III Year	11.6	11.7
13	20BA524	K.DHIVYA	Computer Science	III Year	9.1	10.1
14	20BA528	B.HARIDHARSHINI	Computer Science	III Year	9.3	10.9
15	20BA530	T.LAKSHUMAYEE	Computer Science	III Year	10.4	11.6
16	20BA532	S.MANIPRIYA	Computer Science	III Year	11.6	13.0
17	21B323	LOGANA D	B.B.A	II Year	12.0	12.5
18	21B324	MATHUMITHA H	B.B.A	II Year	11.0	12.9
19	21B325	SELVASUDHA V	B.B.A	II Year	12.0	12.8
20	20B311	PRIYADHARSHINI M	B.B.A	III Year	9.5	11.0
21	20B311	SATHYA K S	B.B.A	III Year	10.6	12.7
22	20B1510	G.DHARANI	B.C.A	III Year	11.8	13.0
23	20B1511	K.HARISHNA	B.C.A	III Year	10.5	11.0

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S.No	ROLL NO	NAME OF THE STUDENT	DEPARTMENT	CLASS/ YEAR	Hb LEVEL BEFORE TRADITIONAL FOOD	Hb LEVEL AFTER TRADITIONAL FOOD
24	20B1514	P.NIVETHA	B.C.A	III Year	9.8	11.8
25	20B1516	S.SHRUTHIKA	B.C.A	III Year	11.9	12.9
26	20B1517	A.SYLAJA	B.C.A	III Year	12.0	12.1
27	20BI217	P.KALAIIVANI	Biotechnology	III Year	11.9	12.9
28	20BI218	S.KIRUTHIGA	Biotechnology	III Year	11.0	12.8
29	20BI219	A.LAVANYA	Biotechnology	III Year	9.8	11.0
30	20BI268	R.PREETHA	Biotechnology	III Year	11.8	12.0
31	20BI269	M.PREMA	Biotechnology	III Year	10.5	11.1
32	21BI208	R.KAVINYA	Biotechnology	II Year	9.8	11.0
33	21BI210	R.VIJAYALAKSHMI	Biotechnology	II Year	11.9	13.2
34	20B3003	NETHRA. B	Botany	III Year	12.0	12.8
35	20B3004	SHARMILA. S	Botany	III Year	11.9	12.0
36	21BA231	YESWANTHRAJ M	B.Com	II Year	11.8	12.9
37	21BA238	KAVYAA S	B.Com	II Year	10.5	11.9
38	21BB208	DEEPIKA K	B.Com	II Year	9.8	10.2
39	21BB209	KALAIYARASI M	B.Com	II Year	11.7	12.9
40	20BA248	RUBESWARIC	B.Com	III Year	12.0	13.9

ATTESTED

S.No	ROLL NO	NAME OF THE STUDENT	DEPARTMENT	CLASS/ YEAR	Hb LEVEL BEFORE TRADITIONAL FOOD	Hb LEVEL AFTER TRADITIONAL FOOD
41	20BA249	RUDHRAPRIYA.V	B.Com	III Year	12.1	13.2
42	20BA250	SANTHIYA.K	B.Com	III Year	11.6	12.9
43	20BB236	MEGA.A	B.Com	III Year	9.1	11.7
44	20BB237	PRIYA.J	B.Com	III Year	9.3	12.7
45	21B1802	DEEPA R	Mathematics	II Year	11.9	12.9
46	21B1803	HARINI N S	Mathematics	II Year	12.0	13.2
47	21B1806	MOUNIKA S	Mathematics	II Year	11.8	11.9
48	20B1805	DIVYA B	Mathematics	III Year	10.5	11.8
49	20B1806	GAYATHRI G	Mathematics	III Year	9.8	11.8
50	20B1807	LAKSHMIDEVI G	Mathematics	III Year	11.7	12.8
51	21B810	K.DHARANI	Biochemistry	II Year	9.0	11.9
52	21B811	G.KALAIVANI	Biochemistry	II Year	10.1	11.9
53	21B812	C.MONISHA	Biochemistry	II Year	9.1	12.9
54	21B814	V.SARANYA	Biochemistry	II Year	10.1	11.8
55	21B816	D.SOWMIYA	Biochemistry	II Year	11.9	12.7

[Signature]
HOD

[Signature]
COORDINATOR
Mr. P. BALAMURUGAN, M.Sc., M.Phil.,
IQAC CO-ORDINATOR,
Sengunthar Arts & Science College,
TIRUCHENGODE-637 205,



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Student Feedback for Hb Analysis after Traditional Food

S.No	NAME OF THE STUDENT	DEPARTMENT	COMMENTS	SIGNATURE
1	K. Sabiha	Microbiology	NICE PROGRAMME	K. Sabiha
2	S. Shalini	Microbiology	Good	S. Shalini
3	M. Sunmathi	Microbiology	Nice program for girls students	M. Sunmathi
4	S. Tharuna	physics	Awariness program was good	S. Tharuna
5	S. MANIPRIYA	Computer Science	It was very useful	S. manipriya
6	D. LUGIANA	BBA	Nice	D. Laganana
7	G. Dharani	BCA	We learn importance of home job.	G. Dharani
8	R. Kavanya	Biotechnology	very good.	R. kavif
9	R. Vajayalakshmi	Biotechnology	Good programme	R. Vajay
10	S. Sharmila	Botany	Good, useful program	S. Sharmila
11	C. Rubeswari	B. com	Good Program	C. Rubesh
12	D. Sowmya	Biochemistry	Nice	Sowmya
13	G. Lakshidemi	maths	Nice	Lakshidemi
14	B. Divya	maths	useful program	Divya
15	S. Divya	B. com	Nice / Good	S. Divya
16	C. Rubeswari	B. com	useful Program	C. Rub
17	K. Dharani	Biochemistry	useful	K. Dharani
18	M. Penamra	Biotechnology	Nice	M. Penamra
19	F. Nivetha	BCA	Good Program	Nivetha
20	V. Madhujha	Physics	useful	Madhujha

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Program Report

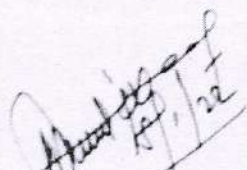
The Department of Biochemistry organized the Traditional Food Day on 06-12-2021. The stalls were arranged and a variety of dishes served, such as organic food, ethnic food and fruit and vegetable salads. Around 150 boys & 123 girl students and staff members visited with great enthusiasm. Participants asked the questions and contestants (students) explained the value of food.

The food day was really a beautiful platform to the students for their future endeavour and the learn team work, collaboration and creativity.


We noticed few interested students offered traditional food for one month checked haemoglobin level before and after offered food.


Those who taken the traditional food level of haemoglobin has been increased this is the evidence of success to conducting this food festival.

During this program 55 girl students are benefited and 45% of beneficiaries found.


HOD




COORDINATOR
Mr. P. BALAMURUGAN, M.Sc., M.Phil.,
IQAC CO-ORDINATOR,
Sengunthar Arts & Science College,
TIRUCHENGODE-637 205.


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SENGUNTHAR

ARTS & SCIENCE COLLEGE

National Service Scheme

Webinar on

**EMPOWERMENT
OF
GIRL CHILD**

On 24.01.2022 @ 2.00 pm - 03.00 pm



NATIONAL GIRL CHILD DAY 2022

Chief Guest:
Prof. Dr. S.S. SHANTHAKUMARI
Proprietrix,
Arcanaa,
Coimbatore-641014.
Email - ssshantha@gmail.com.

<https://meet.google.com/qwo-sdhw-uen>

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REQUISITION LETTER

FROM

Dr. M. Revathi
NSS Programme Officer,
Sengunthar Arts And Science College,
Tiruchengode.

TO

The Principal,
Sengunthar Arts And Science College,
Tiruchengode.

Respected Sir,

Sub: Conducting National Girl Child day On line Webinar Reg...

We wish to bring to your kind notice that we are planning to conduct a Webinar on the Eve of National Girl Child Day through online on January 24th 2022 in Google Meet. So, we request you sir to grant us the permission the same.

Thanking You

Yours faithfully

Place : Tiruchengode

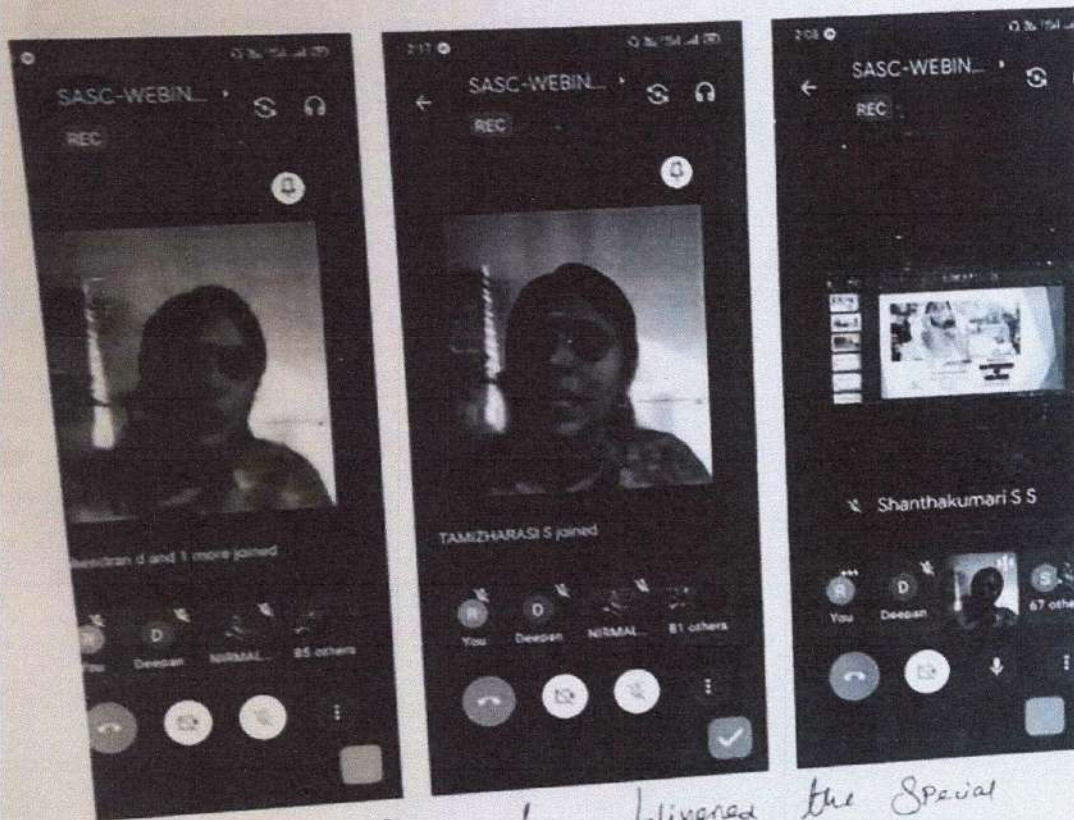
Date : 21.01.2022

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Report of National Girl Child Day

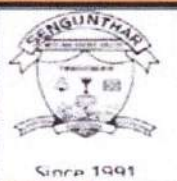
On the eve of National Girl Child day NSS units of Sengunthar Arts and Science College have organized an on line Webinar on Empowerment of Girl Child on 24th January 2022. Dr.S.Ravikumar, The Principal Sengunthar Arts and Science College has felicitated the Program. Dr.L.Rajendran NSS Program officer has delivered the welcome address. Dr.S.S.Shanthakumari, Proprietrix, Arcanaa, Coimbatore has delivered a special lecture on Empowerment of Girl child and motivated the girl students. At last Dr.M.Revathi NSS Program officer has Proposed the vote of Thanks.



The Chief guest has delivered the Special Address

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Celebrating & Saluting Womenhood

**DEPARTMENT OF BIOCHEMISTRY
&
WOMEN'S EMPOWERMENT CELL**

**Jointly organize
State Level Webinar on "Nuances in women's health and well being"**

Date: 08.03.2022 (Tuesday)

Time: 4.00 pm – 5.00 pm

Resource Person



Dr. R. ARIVUCHUDAR M.Sc., M.Phil., Ph.D.,
Assistant Professor
Department of Nutrition and Dietetics
Periyar University, Salem.

Join with Google Meet

- **Registration Link:** <https://forms.gle/qbF5tG9mzQpTRFf9>
- **Meeting link:** <https://meet.google.com/apu-exjv-baa>


With The Blessings of:

Thiru. T.S.Natarajan :	President, Sengunthar Education Trust.
Thiru. P.Jagadeesan :	Secretary & Correspondent, Sengunthar Education Trust.
Thiru. Prof.A.Baladhandapani :	Dean & Joint- Secretary Sengunthar Education Trust.

HAPPY WOMEN'S DAY

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TIRUCHENGODE - 637 205.
NAMAKKAL Dt, TAMIL NADU



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Since 1991

DEPARTMENT OF BIOCHEMISTRY & WOMEN'S EMPOWERMENT CELL

From

4/3/22

Head, Department of Biochemistry,
 Sengunthar Arts and Science College,
 Tiruchengode.

To

The Principal,
 Sengunthar Arts and Science College,
 Tiruchengode.

Respected Sir,

SUB: State level Webinar on "Nuances in women's health and well being"
 Programme Reg.

This is bring to your kind notice that we have planned to jointly conduct "State level Webinar on – Nuances in women's health and well being" for Women's on 08/03/2022. Kindly accept our request and permit us to conduct the Programme.

Thanking You

Your's Faithfully

[Signature]
4/3/22

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4/3/22
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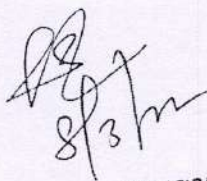


**DEPARTMENT OF BIOCHEMISTRY
PROGRAMME SCHEDULE**


Venue: Online Mode
Date : 08/03/2022

Welcome Address	: Mrs.J.MALLIKA, M.Sc., M.Phil., MA (Yoga) Department of Biochemistry SenguntharArts and Science College Tiruchengode.
Felicitation	: DR.S.RAVIKUMAR M.Sc., M.E., Ph.D., Principal, SenguntharArts and Science College Tiruchengode.
Topic	: State level Webinar on “ Nuances in Women’s health and well being”
Vote of Thanks	: Mrs.K.KARTHIKA M.Sc.M.Phil.,B.Ed Department of Biochemistry SenguntharArts and Science College Tiruchengode.

National Anthem:


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NAMAKKAL DL, TAMIL NADU

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An ISO 9001:2015 Certified Institution
Recognised under section 2(f) and 12(B) of the UGC Act 1956
Since 1991 Accredited by NAAC
Tiruchengode – 637 205, Namakkal dt., Tamilnadu



Timestamp	Email Address	Enter your name in Capital letter	Enter your designation	Enter your Institution	Enter the City	Enter the Sate	Enter your Phone Number
3-7-2022 21:44:39	karthikapkk@gmail.com	K.KARTHIKA	Faculty	Sengunthar Arts and Science College, Tiruchengode	Namakkal	Tamil Nadu	7695887066
3-8-2022 10:34:38	vidhyavidhyak54@gmail.com	VIDHYA K	Student	sengunthar arts and science college	Namakkal	Tamilnadu	8248374917
3-8-2022 10:35:08	mallikasundar81@gmail.com	Mallika J	Faculty	Sengunthar arts and science college	Erode	Tamil Nadu	9842355828
3-8-2022 10:37:53	tamilarumugam2001@gmail.com	A.TAMILARASAN	Student	Sengunthar arts and science college	Namakkal	Tamilnadu	9345397728
3-8-2022 10:37:55	srinivasanprasathini@gmail.com	S. PRASATHINI	Student	Sengunther arts and science college	Tirchengode	Tamilnadu	8903457413
3-8-2022 10:38:44	nandhu.ggale@gmail.com	Nandhini M	Faculty	Sengunthar Arts and Science College	Namakkal	Tamilnadu	9715251177
3-8-2022 10:39:45	abiganesh543@gmail.com	ABIRAMI.G	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	NAMAKKAL	TAMILNADU	9715258791

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TIRUCHENGODE - 637 205.

3-8-2022 10:39:52	keerthi19b412@sen guarst.co.in	KEERTHI.S	Student	Sengunthar arts and science college	Erode	Tamil nadu	8248932353
3-8-2022 10:40:42	bhuvanakarnel96@ gmail.com	K.BHUVANESHWARI	Faculty	Sengunthar arts and science College, tiruchengode	Namakkal	Tamilnadu	7339087757
3-8-2022 10:41:18	sowmichemist18@ gmail.com	S.SOWMIYA	Faculty	Sengunthar arts and science college	Tiruchengode	Tamilnadu	8973266476
3-8-2022 10:41:45	oviyagopal189@gm ail.com	OVIYA	Student	Sengunthar arts and science college	Tiruchengode	Tamilnadu	9677968023
3-8-2022 10:42:59	kamalidev@gmail.c om	Dr. S. KAMALADEVI	Faculty	Sengunthar Arts and Science College	Tiruchengode	Tamil Nadu	9943024082
3-8-2022 10:43:58	20m2113@senguart s.co.in	A.PRIYADHARANI	Student	Sengunthar arts and science college	Tiruchengode	Tamilnadu	9659535309
3-8-2022 10:44:08	revathiraja1104@g mail.com	Dr. REVATHI M	Faculty	Sengunthar Arts And Science College Tiruchengode	Namakkal	Tamil nadu	9788037645
3-8-2022 10:46:48	ssb@sengUARTS.CO.I N	SAMSATHBEGAM S	Faculty	Sengunthar Arts and Science College	Tiruchengode	Tamilnadu	9003509188
3-8-2022 10:47:15	kiruthikas623@gm ail.com	KIRUTHIKA S	Student	Sengunthar arts and science college	Trichengode	Tamil Nadu	9363355087
3-8-2022 10:48:53	nivedharshinimicro @sengUARTS.CO.IN	NIVEDHARSHINI T	Faculty	Sengunthar Arts and Science college Tiruchengode	Tiruchengode	Tamilnadu	9655724396
3-8-2022 10:49:43	19ba244@senguart s.co.in	RAMYA.M	Student	Sengunthar Arts and science College	Tiruchengode	Tamil Nadu	8807652361
3-8-2022 10:50:24	shivaniselvam02@ gmail.com	SHIVANI .V.S	Student	Sengunthar arts and science college	Namakkal	Tamil Nadu	6369460684

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TIRUCHENGODE - 637 205.

3-8-2022 10:50:55	chitranandhu3696@gmail.com	T. JAYACHITRA	Faculty	Sengunthar arts and science college, tiruchengode-	Namakkal	Tamilnadu	9788576475
3-8-2022 10:53:44	19ba248@sengunthars.co.in	SASIPRIYA. V	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	SALEM	TAMILNADU	9361961507
3-8-2022 10:54:30	jananipalanisamy4@gmail.com	JANANI P	Student	Sengunthar arts and science college	Naamakkal	Tamilnadu	9360234547
3-8-2022 10:57:24	19ba247@sengunthars.co.in	SARANYA.S	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	TIRUCHENGODE	TAMILNADU	8807313470
3-8-2022 10:58:16	19ba259@sengunthars.co.in	VASUKIA.S	Student	Sengunthar Arts And Science College	Salem	Tamil Nadu	9677726209
3-8-2022 10:58:19	skavipriya737@gmail.com	S.KAVIPRIYA	Student	Sengunthar Arts And science college	Namakkal	Tamil Nadu	9597813856
3-8-2022 10:58:49	19ba229@sengunthars.co.in	K.AISHWARIYA	Student	Sengunthar arts and science college, tiruchengode	Salem	Tamil Nadu	9443305980
3-8-2022 11:00:13	19ba240@sengunthars.co.in	NANTHINI.R	Student	SENGUNTHAR ARTS AND SCIENCES COLLEGE	NAMAKKAL	TAMILNADU	9942146728
3-8-2022 11:03:55	19ba233@sengunthars.co.in	KARUNAMBIKAL.T	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	KOMARAPALAYAM	TAMILNADU	8531843604
3-8-2022 11:04:58	19ba256@sengunthars.co.in	THENMOZHIL.P	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	THARAMANGALAM	TAMILNADU	9092086331
3-8-2022 11:05:20	19ba246@sengunthars.co.in	SANGEETHA. T	Student	Sengunthar arts and science college	Thiruchengode	Tamilnadu	9791801715
3-8-2022 11:06:07	19ba230@sengunthars.co.in	DHAARANI. V	Student	Sengunthar Arts and Science College	Tiruchengode	Tamilnadu	9566959136

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3-8-2022 11:06:36	swathithulashi@gmail.com	THULASI - R	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	TIRUCHENGODE	TAMILNADU	7904355779
3-8-2022 11:06:58	kkokila355@gmail.com	KOKILA.S	Student	Sengunthar Arts and Science college	Pallipalayam	Tamil Nadu	9361989847
3-8-2022 11:07:35	19ba237@sengunthar.s.co.in	MADHUMITHA.M. K.	Student	Sengunthar Arts and Science college	Erode	Tamilnadu	6379506859
3-8-2022 11:09:23	thamaraiselvi176204@gmail.com	THAMARAISELVI.T	Student	Sengunthar Arts and science college	Thokkavadi	Thirachagode	9994331891
3-8-2022 11:11:16	prithikaganesan2002@gmail.com	PRITHIKA. G	Student	Sengunthar arts and science college	Tiruchengode Namakkal,	Tamil Nadu	9578082714
3-8-2022 11:11:26	kavisrimay30@gmail.com	M. BARKAVI	Student	Sengunthar Arts And Science College	Tiruchengode(TK)	Tamilnadu	9361127371
3-8-2022 11:12:26	19ba250@sengunthar.s.co.in	SATHYA R	Student	SENGUNTHAR ARTS AND SCIENCE	ATTAYAMPATTY	TAMILNADU	9629208774
3-8-2022 11:12:26	19ba254@sengunthar.s.co.in	V.SOWBAKYAVATHI	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	ATTAYAMPATTI	TAMILNADU	8870513820
3-8-2022 11:12:47	19ba258@sengunthar.s.co.in	VANITHARAMANI R.G	Student	Sengunthar arts and science collage	Namakkal	Tamilnadu	9788721597
3-8-2022 11:13:11	pooranivina2004@gmail.com	POORANI.A	Student	Sengunthar arts and science college	Tiruchengode	Tamilnadu	9500854078
3-8-2022 11:16:35	kowsikarthi249@gmail.com	S. KOWSALYA	Student	Sengunthar arts and science college	Tiruchengode	Tamilnadu	9047487361
3-8-2022 11:16:41	ddeepi639@gmail.com	DEEPIKA R	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	NAMAKKAL	TAMILNADU	6380365889

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SENGUNTHAR ARTS AND SCIENCE COLLEGE
TIRUCHENGODE - 637 205.

3-8-2022 11:16:56	shiyamala07.12.2002@gmail.com	SHIYAMALA MURUGAN	Student	Sengundhar art and science college	Thiruchengode	Tamil Nadu	9345341095
3-8-2022 11:17:02	tamilarasibot09@gmail.com	S.TAMILARASI	Student	Sengunthar Arts And Science College	Tiruchengode	Tamil Nadu	8754283375
3-8-2022 11:20:58	shannugasundaram.ksms@gmail.com	THENMOZHILG	Student	B.COM	TIRICHENGODE	TAMILNADU	6374462646
3-8-2022 11:21:16	shalinivignesh0607@gmail.com	SHALINIJ	Student	Sengunthar arts and science college	Salem	Tamilnadu	9384971911
3-8-2022 11:22:21	19B3005@sengunthars.co.in	T. ISHWARYA	Student	Sengunthar arts science college	Tiruchengode	Tamil nadu	9342777130
3-8-2022 11:22:39	19ba249@sengunthars.co.in	SATHYA.A	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	PALLIPALLAYAM	NAMMAKAL	9566584648
3-8-2022 11:26:34	dharanibio26@gmail.com	DHARANILM	Student	Sengunthar Arts and Science College	Tiruchengode	Tamil Nadu	9025014559
3-8-2022 11:26:44	abi*470170@gmail.com	A. ABINAYA	Student	Sengunthar arts and science college	Thiruchengode	Tamilnadu	9361364762
3-8-2022 11:26:51	jananipriya169@gmail.com	JANANI PRIYA P	Student	Sengunthar Arts and Science College	Idappadi	Tamil Nadu	8489972846
3-8-2022 11:26:56	dhillu.sdj@gmail.com	DHILLU.S	Student	Sengunthar Arts And Science college	Tiruchengode	Tamil nadu	9047528214
3-8-2022 11:30:09	dhanasekaran@sengunthars.co.in	DR. G. DHANASEKARAN	Faculty	Sengunthar Arts and Science College Tiruchengode	Tiruchengode	Tamilnadu	9976491565
3-8-2022 11:30:52	Soundaryabot18@gmail.com	SOUNDARYA. L	Student	Sengunthar arts and science college	Tiruchengode	Tamilnadu	6383947366

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TIRUCHENGODE - 637 205.

3-8-2022 11:32:13	vijibcom3333@gmail.com	VIJAYALAKSHMI.M	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	NAMAKKAL	TAMILNADU	9361503795
3-8-2022 11:34:04	mkavi5511@gmail.com	M. KAVIPRIYA	Student	Sengunthar arts and science college	Tiruchengode	Tamilnadu	9597679216
3-8-2022 11:35:48	logapriyas0912@gmail.com	LOGAPRIYA .M	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	TIRUCHENGODE	TAMILNADU	9035986886
3-8-2022 11:36:50	pavitgd@gmail.com	S.PAVITHRA DEVI	Student	Sengunthar Arts and Science college	Tiruchengode	Tamil nadu	6381203951
3-8-2022 11:37:35	harininagarajhariraj@gmail.com	HARINI.N.S	Student	Sengunthar arts and science College tiruchengode	Tiruchengode	Tamilnadu	9597653433
3-8-2022 11:37:52	ponmanibio85@gmail.com	M.PONMANI	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	NAMAKKAL	TAMILNADU	9384231656
3-8-2022 11:38:25	rvidhyaravi2000@gmail.com	R. VIDHYA	Student	Sengunther arts and science College.	Rasipuram.	Tamilnadu	6380673252
3-8-2022 11:42:03	devishri320@gmail.com	DEVISHRI.R	Student	Senguthar Arts and Science College	Thiruchengode	Tamilnadu	7695905422
3-8-2022 11:42:12	mona16ucc@gmail.com	MOHANAPRIYA SANTHANAM	Faculty	SENGUNTHAR ARTS AND SCIENCE COLLEGE	Erode	Tamilnadu	888 342 7915
3-8-2022 11:44:07	abiramidhandapani49@gmail.com	ABIRAMI D	Student	Sengunthar arts and science college tiruchengode	NAMAKKAL tiruchengode	Good	6379002772
3-8-2022 11:45:37	20B1905@senguart s.co.in	T	Student	Sengunthar	Tiruchengode	Tamil Nadu	9345311536
3-8-2022 11:46:14	vp4897173@gmail.com	VISHNUPRIYA.S	Student	Sengunthar arts and science college	Thiruchengode	Tamilnadu	6374318981

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3-8-2022 11:46:25	vinithasri54@gmail.com	MYNA.P	Student	Sengunthar arts and sciences College	Tiruchengodu	Tamilnadu	9659613212
3-8-2022 11:47:27	19ba257@sengunthar.co.in	UMAMAHESWARI. B	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	Namakkal	Tamilnadu	9626346569
3-8-2022 11:49:46	boopathiraja5c2@gmail.com	R.BOOPATHI	Student	Sengunthar arts and science College	Namakkal	Tamilnadu	9790051331
3-8-2022 11:50:15	valarmathiselvaraj883@gmail.com	VALARMATHIS	Student	Sengunthar Arts and science college	Kumarapalayam	Thamilnadu	8778436414
3-8-2022 11:51:03	19ba243@sengunthar.co.in	PRIYADHARSHINI. V	Student	B.com	Namakkal	Tamil Nadu	8754861132
3-8-2022 11:51:34	21m2108@sengunthar.co.in	SHANTHINI.S	Student	Sengunthar College Of Arts and Science, Tiruchengode	Tiruchengode	Tamil Nadu	6369560800
3-8-2022 11:51:42	Karthigamurugesan@gmail.com	KARTHIGA. M	Student	Sengunthar arts and science College	Namakkal	Tamil Nadu	9344334233
3-8-2022 11:51:44	20m2705@sengunthar.co.in	V. HEMASRI	Student	Sengunthar arts science college	Thiruchengodu	Tamilnadu	9994059885
3-8-2022 11:54:18	nathiya2306@gmail.com	S.NATHIYA	Student	Sengunthar art's and science College	Aanangur	Tamil nadu	7548812965
3-8-2022 11:55:38	shanmathimurugan231@gmail.com	SHANMATHI M	Student	Sengunthar arts and science college	Tiruchengode	Tamil Nadu	9047727878
3-8-2022 11:55:39	senbagapriya2000kpm@gmail.com	SENBAGAPRIYA	Student	Sengunthar Arts and Science college	Komarapalayam	Tamil nadu	8608977713
3-8-2022 11:58:04	bharathipriyamaneksha@gmail.com	BHARATHI PRIYA. M	Student	Sengunthar art's and science college	Tiruchengode	Tamilnadu	7538862023

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TIRUCHENGODE - 637 205.

3-8-2022 11:59:14	mythilimurugan0102@gmail.com	AL.MYTHILI	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	Salem	Tami Nadu	8667885060
3-8-2022 12:01:08	19bb237@senguart s.co.in	MENAKA.D	Student	Sengunthar arts and science College tiruchengode	Namakkal	Tamilnadu	9952455963
3-8-2022 12:02:24	20b3003@senguart s.co.in	B.NETHIRA	Student	Sengunthar arts and science college	Namakkal	Tamil nadu	9361229236
3-8-2022 12:03:24	19ba236@senguart s.co.in	KOTHAI .R	Student	Sengunthar arts And science College	Tiruchengode	Tamil nadu	8072051231
3-8-2022 12:03:33	19ba231@senguart s.co.in	DIHURGA.M	Student	Sengunthar Art's And Science College	Namakkal	Tamilnadu	9361582854
3-8-2022 12:06:53	19b2029@senguart s.co.in	N. LALITHA	Student	B. Sc chemistry	Salem	Tamilnadu	6379750734
3-8-2022 12:08:52	hodcorpsec@senguart s.co.in	DR.N.SANTHI	Faculty	Sengunthar Arts and science college, Tiruchengode.	Namakkal	TamilNadu	9003559210
3-8-2022 12:17:06	tharanipodaran@gmail.com	P.THARANI	Student	Bsc.CHEMISTRY	SALEM DISTRICT	THAMILNADU	9360829173
3-8-2022 12:19:44	19ba241@gamil.com	NIVEDHA. R	Student	Sengunthar arts and Science College	Salem	Tamilnadu	6374252544
3-8-2022 12:24:05	19b2036@senguart s.co.in	D. SIVARANJANI	Student	Sengunthar arts and science college	Paruthipalli	Thamil nadu	9597019307
3-8-2022 12:27:01	SVhoney2002@gmail.com	S.THENMOZHI	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	TIRUCHENGODE	NAMAKKAL	9788750177
3-8-2022 12:28:59	shankargirija141@gmail.com	S.GIRIJA	Student	Sengunthar art's and science College	Tiruchengode . Namakkal	Tamilnadu	9361406612


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TIRUCHENGODE - 637 205.

3-8-2022 12:29:06	21M2107@senguar ts.co.in	PRIYADHARSHINI M	Student	Senguthar arts and science college	Tiruchengode	Tamilnadu	9345397282
3-8-2022 12:29:21	iswarya445@gmail. com	ISWARYA.A	Student	Sengunthar Arts and Science College	IDAPPADI	TAMILNAD U	7871705169
3-8-2022 12:30:33	bhuvanashanmuga m6201@gmail.com	BHUVANA.S	Student	Sengunthar arts and science college	Thiruchengod e	Tamilnadu	7397105600
3-8-2022 12:32:24	indhukrishnamoort hi24@gmail.com	INDHUK	Student	Sengunthar arts and science College	Tiruchengode	Tamil Nadu	9361941524
3-8-2022 12:33:42	gowthaminagara jan185@gmail.com	N. GOWTHAMI	Student	Senguthar arts and science college	Venandur	Tamil nadu	9025448924
3-8-2022 12:39:26	jsm@senguar ts.co.in	J.SUMATHY	Faculty	Sengunthar Arts And Science College	Thiruchengod e	Tamilnadu	9677610107
3-8-2022 12:45:58	19ba253@senguar ts.co.in	SNEHA.M	Student	Sengunthar arts and sciences college	Tiruchengode	Tamil Nadu	9025159194
3-8-2022 12:53:33	sharubopathi2001 @gmail.com	SHARUDHARSHAN A. B	Student	Periyar university	Tiruchengode	Tamil nadu	9597207883
3-8-2022 12:57:23	19ba239@senguar ts.co.in	MYTHILM	Student	Senguthar arts and sciences college	Namakkal	Tamil nadu	9942423106
3-8-2022 13:25:19	sekarmmani@gm ail.com	MANIPRIYA.S	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	ATTAYAMP ATTI	TAMIL NADU	7502881719
3-8-2022 13:32:49	natarajanswathy82 @gmail.com	SWATHY.N	Student	sengunthar Arts And Science college	Thiruchengod e	Tamil nadu	8220880587
3-8-2022 13:40:35	indhukrish493@gm ail.com	K.INDHUMATHI	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	TIRUCHENG ODE	TAMIL NADU	9087202060

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SENGUNTHAR ARTS AND SCIENCE COLLEGE
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3-8-2022 13:43:18	nandhinik413@gmail.com	K.NANDHINI	Student	Senguthar Art's and Science College	Namakkal	Tamilnadu	8838048865
3-8-2022 13:47:01	pgpgcs@senguarts.co.in	P. GAYATHRIDEVI	Faculty	Sengunthar arts and science college	Tiruchenhoge	Tamilnadu	962678506
3-8-2022 13:49:15	gowsibarani@gmail.com	A. GOWSALYA	Student	Sengunthar arts and science college	Chitthaandur	Tamilnadu	6380366187
3-8-2022 13:51:12	sabithasbith2003@gmail.com	K.SABITHA	Student	Sengunthar Arts and science College	Tiruchengode	Tamilnadu	6382536114
3-8-2022 13:57:45	suganthi@senguarts.co.in	A. SUGANTHI	Faculty	Sengunthar arts and science college	Tiruchengodu	Tamilnadu	9597141988
3-8-2022 13:58:32	19b732@senguarts.co.in	S.MADHUMITHA	Student	Periyaar university	Selam	Tamilnadu	9360703075
3-8-2022 13:58:39	kiruthiragavan@gmail.com	KIRUTHIKA .R	Student	Periyar University, sengunthar arts and science college	Nammakkal	Tamil Nadu	7604863128
3-8-2022 14:01:27	dharshinisk@gmail.com	S.K.DHARSHINI	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	Erode	Tamilnadu	9715141495
3-8-2022 14:04:24	geethashris94@gmail.com	GEETHASHRI S	Student	Sengunthar arts and science College	Thiruchengode	Tamilnadu	8883899049
3-8-2022 14:08:05	vedhasriganeshan14@gmail.com	G.VEDHASRI	Student	Periyar university sengunther arts and science college	Tiruchengode	Tamil nadu	9003636802
3-8-2022 14:09:47	vallivedhal34@gmail.com	P.VEDHAVALLI	Student	Sengunthar art's and science college	Thiruchengode	Tamilnadu	7539902568
3-8-2022 14:18:04	20BA523@senguaris.co.in	M.DEEPIKA	Student	Sengunthar arts and sciences College	Tiruchengode	Tiruchengode	9952495352


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SENGUNTHAR ARTS AND SCIENCE COLLEGE
TIRUCHENGODE - 637 205.**

3-8-2022 14:18:04	manojkumarsenthil02@gmail.com	MANOJ KUMAR S	Student	Tes	Sankari	SALEM	86670111434
3-8-2022 14:23:49	vatchayavenkat@gmail.com	ATCHAYA. V	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	TIRUCHENGODE	TAMILNADU	9025685356
3-8-2022 14:25:02	abinayasadhasivam11@gmail.com	S. ABINAYA	Student	Sengunthar Arts And Science College	Tiruchengode	Tamilnadu	6369855525
3-8-2022 14:26:25	dhiviyabsc20@gmail.com	K.Dhivya	Student	Sengunthar arts and science college	Veppadai	Tamil nadu	9360167804
3-8-2022 14:26:46	janutamill609@gmail.com	K.JANANI	Student	Sengunthar Arts and science college	Tiruchengode	Tamil Nadu	6379160885
3-8-2022 14:28:41	kpreethika602@gmail.com	PREETHIKA	Student	Sengunthar arts and science college	Tiruchengode	Tamil Nadu	8778345585
3-8-2022 14:56:44	priyabsechm@gmail.com	PRIYANKA.K	Student	Periyar institution	SALEM	TAMILNADU	9042004255
3-8-2022 14:56:50	sakthivaishnavis@gmail.com	J. SAKTHI VAISHNAVI	Student	Sengunthar arts and science college	Vennandhur	Tamil Nadu	9790442782
3-8-2022 14:58:35	Shalinisekar064@gmail.com	S. SHALINI	Student	Sengunthar arts and science college	Tiruchengode	TAMIL NADU	6379251424
3-8-2022 15:01:53	kowsalyakamaraj2002@gmail.com	KOWSALYA	Student	Sengunthar Arts and Science College, Tiruchengode	Salem	Tamilnadu	7010387175
3-8-2022 15:06:21	sunmathigokul@gmail.com	M.SUNMATHI	Student	Sengunthar arts and science college	Tiruchengode	Tamil Nadu	9025151161
3-8-2022 15:11:33	20ba529@sengunthar.co.in	S.HEMALATHA	Student	Sengunthar Arts and Science College	Selam	Tamilnadu	9976478578

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3-8-2022 15:16:32	manimalarkasi534@gmail.com	K.MANIMALAR	Student	Sengunthar Arts and Science College Tiruchengode 637 205.	SALEM	TAMILNAD U	8220992935
3-8-2022 15:17:05	pgayathri864@gmail.com	P.GAYATHRI	Student	Super	Namakkal	Super	9360601189
3-8-2022 15:20:22	Kkaviya887@gmail.com	R.KAVIYA	Student	B.sc chemistry	Namakkal	Tamilnadu	9361523343
3-8-2022 15:21:02	gayathirigayathiri448@gmail.com	GAYATHRI. P	Student	Sengunthar arts and science college	Tiruchengode	Tamilnadu	6383090688
3-8-2022 15:23:29	iakshumayeelakshu@gmail.com	LAKSHUMAYEE.T	Student	Sengunthar Arts and Science College	Pallipalayam	Tamilnadu	8637625051
3-8-2022 15:24:31	lavanya27012003@gmail.com	A.LAVANYA	Student	Sengunthar ats and science College	Selam	Tamil nadu	87789 87250
3-8-2022 15:26:29	devi.ramesh0312@gmail.com	R.DEVIKA	Student	Sengunthar Arts and Science College	SALEM	TAMILNAD U	6379555655
3-8-2022 15:29:30	umamohanavel2001@gmail.com	UMAMAHESWARI. M	Student	Sengunthar Arts and Science College	Tiruchengode	Tamilnadu	9952181085
3-8-2022 15:34:36	malathibio14@gmail.com	MALATHI.M	Student	Sengunthar arts and science college	Thiruchengode, Namakkal	Tamilnadu	6374178378
3-8-2022 15:40:05	rameshkumar@senquarts.co.in	Rameshkumar P	Faculty	SASC	Trichengode	Tamilnadu	9698590770
3-8-2022 15:40:42	sdharanisumathi2003@gmail.com	S BHAVATHARANI	Student	Mgr college	Bandarapalli	Krishnagiri	9787593295
3-8-2022 15:41:55	sakthishobi27@gmail.com	K.SHOBICA	Student	Sengunthar arts and science College	Tiruchengode	Tamilnadu	9791857707

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3-8-2022 15:43:17	lathaklathak61@gmail.com	LATHA	Student	Sengunthar arts and science college	Tiruchengode	Tamil Nadu	7806822195
3-8-2022 15:44:37	19b1825@senguart.s.co.in	P.PAVITHRA	Student	Sengunthar Arts and science college	Tiruchengode	Tamilnadu	7708047396
3-8-2022 15:47:34	dtjkkanimozhi@gmail.com	Dr. J.K.KANIMOZHIL	Faculty	Sengunthar Arts and Science College Tiruchengode	Namakkal	Tamilnadu	9994199827
3-8-2022 15:49:48	imrevathi13@gmail.com	REVATHI MAHALINGAM	Student	Sengundhar arts and science college	Tiruchengode	Tamilnadu	8220922978
3-8-2022 15:51:31	muthulakshmi3394@gmail.com	MUTHULAKSHMI	Student	Sengunthar arts and science	Tiruchengode	Tamil Nadu	9345365549
3-8-2022 15:51:38	Roshnirosh408@gmail.com	K. ROSHINI	Student	Sengunthar arts and science college	Tiruchengode	Tamilnadu	8838779538
3-8-2022 15:53:46	lavanya@senguart.s.co.in	M. LAVANYA	Faculty	Sengunthar Art's and science college	Erode	Tamilnadu	7373562386
3-8-2022 15:55:16	21ba538@senguart.s.co.in	VARSHINI	Student	Sengunthar arts and science	Tiruchengode	Tamilnadu	6381012456
3-8-2022 15:58:14	devipriyas7811@gmail.com	DEVIPRIYA.S	Student	Sengunthar arts and science college	Tiruchengode	Velur	8883953744
3-8-2022 16:01:22	Abisre906@gmail.com	S.B.ABISRE	Student	Sengunthar arts and science College	Namakkal	Tamilnadu	6374524256
3-8-2022 16:01:49	vpmohan02@gmail.com	V.MOHANASUNDARAM	Student	Sengunthar arts and science college, Trichengode	Pallipalayam, namakkal-638008	TAMILNADU	9361413386
3-8-2022 16:03:54	bvanmathi@gmail.com	VANNAMATHILB	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	TIRUCHENGODE, NAMAKKAL	TAMILNADU	7550394255

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3-8-2022 16:14:21	20b1223@senguart s.co.in	PRANISHA S	Student	Senguthar arts and science College	Salem	Tamilnadu	8754316541
3-8-2022 16:16:52	hemzkutty25@gma il.com	HEMALATHA. C	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	TIRUCHENG ODE	TAMILNAD U	7904954039
3-8-2022 16:25:53	20bb507@senguart s.co.in	PRIYADHARSHINI	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	NAMAKKAL	TAMILNAD U	9976208756
3-8-2022 16:32:30	Yogaasribca2019@ gmail.Com	YOGAASRI K.T	Student	Sengunthar arts and science college	Namakkal	Tamilnadu	9345018318
3-8-2022 16:43:50	sathya2002v@gmai l.com	SATHYAPRIYA	Student	Sengunthar arts and science College	Tiruchengode	Tamilnadu	08870752260

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FEEDBACK FORM


3-8-2022 17:31:24	21M2107@sengunthar.co.in	M. PRIYADHARS HINI	Student	Sengunthar arts and science college	9345397282	Excellent
3-8-2022 17:31:57	Suganyagunasekaran24@gmail.com	SUGANYA. G	Student	Sengunthar Arts and Science College	9363399345	Nothing
3-8-2022 17:46:27	21ba232@sengunthar.co.in	S.B.ABISRE	Student	Sengunthar arts and science College	6374524256	It's use full for us
3-8-2022 17:46:34	21m917@sengunthar.co.in	MUTHULAKSHMI M	Student	Sengunthar arts and science	9345365549	This section is very useful for me. And thank you so much mam
3-8-2022 17:50:20	malathibio14@gmail.com	MALATHI	Student	Sengunthar arts and science college	6374178378	Its was so helpful to learn something about diet and fitness... it was soop amazing. ,hearty thanks to the faculty to arrange this wonderful occassions
3-8-2022 17:53:07	meghaperiyanaayaki19@gmail.com	PERIYANAYA K.I.M	Student	Sengunthar arts and science College	9361141851	Excellent program
3-8-2022 17:57:30	kamalidev@gmail.com	Dr S KAMALADEVI	Faculty	Sengunthar Arts and Science College	Tiruchengode	Informative
3-8-2022 18:00:48	sharmilaambu4@gmail.com	Sharmila A	Student	Sengunthar arts and science college	8940245519	Good
3-8-2022 18:04:52	19b334@sengunthar.co.in	K.S.SATHYA	Student	Sengunthar arts and science College	8838319858	Good
3-8-2022 18:04:55	21m2108@sengunthar.co.in	SHANTHINI S	Student	Sengunthar College Of Arts and Science, Tiruchengode	6369560800	The event content was useful to me
3-8-2022 18:13:38	shanmugasundaram@gmail.com	THENMOZHIG	Student	Sengunthar arts & science college. Thiruchengode	6374462646	NYC
3-8-2022 18:15:46	m.kalaiselvimalaiselvi527@gmail.com	KALAISELVI M	Student	Sengunthar arts & science college. Thiruchengode	6380379787	Super
3-8-2022 18:22:32	deepika5122003@gmail.com	DEEPIKA.K	Student	Sengunthar Arts & Science college,T.ode	9788904041	Good
3-8-2022 18:23:40	20m2113@sengunthar.co.in	A.PRIYADHARANI	Student	Sengunthar arts and science college	9659535309	Excellent
3-8-2022 18:33:35	gowthaminagarajan185@gmail.com	N. GOWTHAMI	Student	Sengunthar arts and science collage	9025448924	Useful webinar
3-8-2022 18:36:13	kavyaashanmugasundaram@gmail.com	KAVYAA S	Student	Sengunthar arts and science college	8220194469	Good
3-8-2022 18:39:15	DEEPAVENKATESVARAN@gmail.com	V. DEEPA	Student	Sengunthar Arts and Science College	6379 973 776	Nuances in women's health and well being
3-8-2022 18:54:46	suganthibba04@gmail.com	SUGANTHI S	Student	Sengunthar Arts and Science College	9360029367	Good and useful
3-8-2022 19:13:51	indhukrishnamoorthi24@gmail.com	INDHU K	Student	Sengunthar arts and science college	9361941524	Very useful
3-8-2022 19:42:52	indrasakthivel97153@gmail.com	INDIRA K S	Student	Sengunthar Arts and Science college	9715370347	Nothing
3-8-2022 19:58:58	senbagapriya2000kpm@gmail.com	M.SENBAGAPRIYA	Student	Sengunthar Arts and Science college	8608977713	Very good
3-8-2022 20:24:44	sendhil55555555@gmail.com	S SRI HARINI	Student	Periyar university	9791627228	Good
3-9-2022 10:54:27	saranyavaratharajan08@gmail.com	V Saranya	Student	Sengunthar Arts and Science college	8807336748	Excellent

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Timestamp	Email Address	Enter your Full name (Capital Letter)	Enter your designation	Enter your institution	Enter your whatsapp number	Enter your comments about webinar
3-8-2022 16:47:04	abiramidhandapani49@gmail.com	ABIRAM D	Student	Sengunthar arts and science college tiruchengode	6379002772	Good information for all girls
3-8-2022 16:47:32	sabithasbith2003@gmail.com	K.SABITHA	Student	Sengunthar Arts and science College	6382536114	Useful class
3-8-2022 16:48:08	vidhyavidhyak54@gmail.com	VIDHYA K	Student	Sengunthar arts and science college	8270711602	Very useful section wonderful speech
3-8-2022 16:48:46	rvidhyaravi2000@gmail.com	R. VIDHYA	Student	Sengunthar arts and science College	6380673252	Very nice webinar ..
3-8-2022 16:50:34	nlalitha276@gmail.com	N.LALITHA	Student	B.sc chemistry	6379750734	Nice very good teaching !!
3-8-2022 16:50:51	logapriyas0912@gmail.com	LOGAPRIYA M	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	9025986886	Very useful to our Life journey to healthy food and wealth.
3-8-2022 16:59:53	menagadeviarthanaraj@gmail.com	A.MENAGADEVI	Student	Sengunthar arts and science college	9952758984	Good
3-8-2022 17:00:23	mallikasundar81@gmail.com	Mallika J	Faculty	Sengunthar arts and science college	9842355828	Nice presentation
3-8-2022 17:00:45	karthikapkk@gmail.com	K.KARTHIKA	Faculty	Sengunthar Arts and Science College	769588706	Very nice information
3-8-2022 17:02:59	abiganesh543@gmail.com	ABIRAM G	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE	9715258791	Nice and Wonderful Speech Mam
3-8-2022 17:03:31	kulalikumaran@gmail.com	K.karkuzhali	Faculty	NKR Government Arts College for women Namakkal T.	7358594730	Good
3-8-2022 17:04:11	sowmichemist18@gmail.com	S.SOWMIYA	Faculty	Sengunthar arts and science college	8973266476	Very nice
3-8-2022 17:06:34	iswarya445@gmail.com	ISWARYA A	Student	Sengunthar Arts and Science College	7871705169	Very Useful Speech and useful information
3-8-2022 17:07:36	drjkanimozhi@gmail.com	Dr. J.K.KANIMOZHIL	Faculty	Sengunthar Arts and Science College Tiruchengode	9994199827	Very useful session
3-8-2022 17:08:22	imrevathi13@gmail.com	REVATHIL M	Student	Sengunthar Arts and Science College	8220922978	its motivation and inspiration
3-8-2022 17:11:46	dharanibio26@gmail.com	DIHARANIM	Student	Sengunthar Arts and Science College	9025014539	It's very useful Information mam.Thank you mam
3-8-2022 17:13:12	nivedharshinimicro@sengunthar.co.in	Nivedharshini T	Faculty	Sengunthar Arts and Science college Tiruchengode	9655724396	Good
3-8-2022 17:15:59	ponmanibio85@gmail.com	M.PONMANI	Student	SENGUNTHAR ARTS AND SCIENCE COLLEGE,	9384231656	Very valuable guidance
3-8-2022 17:18:23	jananipalanisamy4@gmail.com	JANANI P	Student	Sengunthar arts and science college	9360234547	The webinar session is really too good and is very important to know in these current days.
3-8-2022 17:19:20	skavipriya737@gmail.com	S KAVIPRIYA	Student	Sengunthar Arts And science college	9597813856	Your speech very useful
3-8-2022 17:26:36	srinivasanprasathini@gmail.com	S. PRASATHINI	Student	Sengunthar arts and science college	8903457413	Very useful
3-8-2022 17:26:37	oviyagopal189@gmail.com	OVIYA	Student	Sengunthar arts and science college	9677968023	Helpful
3-8-2022 17:27:34	kiruthikas623@gmail.com	KIRUTHIKA S	Student	Sengunthar arts and science college	9363344087	Helpfull

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SUMMARY REPORT

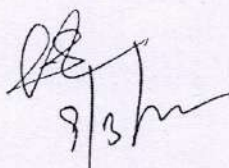
To create awareness about Women's health and dietary habits to Women's students jointly organized in Biochemistry department and Women's Empowerment cell.

In today's lifestyle when health related problems like obesity, blood pressure are so prevalent, a course in nutrition and dietetics can offer you an exciting career opportunity. Diet plays a major role in promotion of health and well being of a human being. This field has gained importance as people have become more conscious about the way they look, what they eat. Quality of life depends on the quality of food we eat. Dieticians or nutritionists help to promote good health by correcting the eating habits

If you are aiming to become a professional in this field then you should have an inborn interest in cooking and exploring various cuisines. Nutrition and dietetics is one subject which will help you explore how to design controlled diets. As a dietician you will be assisting people in planning their meals depending upon their age, sickness or work routine, occupational constraints, fitness and stress levels. To be successful in his field you should possess excellent communication skills, interest in food preparation and good analytical skills.

Dieticians should ensure that their clients should eat depending upon the nutritional requirements and needs. Dietician can help a person with health problems, such as health disease or diabetes, by assessing individual needs and creating a food plan that helps alleviate health problems.

Dieticians guide on healthy eating habits and make a personalized food plan that meets the patient's dietary restrictions, occupational constraints, fitness and stress levels. The nutritionist, on the other hand, studies the effect of food on human and the effect of heat, storage and other environmental factors on food (when it is cooked/served).



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TIRUCHENGODE - 637 205.
NAMAKKAL Dt, TAMIL NADU

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SENGUNTHAR ARTS AND SCIENCE COLLEGE

(Affiliated to Periyar University, Salem and Approved by AICTE, New Delhi)

An ISO 9001:2008 Certified Institution

Recognized under section 2(f) and 12(B) of the UGC Act 1956 and Accredited by NAAC

TIRUCHENGODE - 637 205, NAMAKKAL DT, TAMILNADU.

Dr. S. RAVIKUMAR M.Sc., M.E., M.Phil., Ph.D.,
PRINCIPAL

Date: 08.03.2022

ATTENDANCE CERTIFICATE

This is to certify that Dr. R. ARIVUCHUDAR, Assistant Professor, Department of Nutrition and Dietetics, Periyar University, Salem has acted as a Resource Person for state level webinar on "Nuances in Women's Health and Well being" organized by Department of Biochemistry and Women's Empowerment Cell of our Institution on 08.03.2022.

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